

# SIGNATURE SERVICES

For ages 18 and older.

#### QUARTZ SAND TABLE MASSAGE 50 min \$190

The gentle and affecting warmth of this light touch customized massage provides physical and mental relaxation. This unique service is also beneficial for arthritis, fibromyalgia, joint or back pain and insomnia.

#### CUSTOM MASSAGE 50 MIN \$170 | 100 MIN \$340

Customized for your preference, this massage enhances the relaxation of a Swedish massage with the addition of your choice of aromatherapy and/or hot stones. Whether you choose full body or specific areas of focus, this massage will enhance your circulation, reduce muscle tension and improve flexibility.

### **BODY TREATMENTS**

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#### TROPICAL BLOSSOM RITUAL 100 MIN \$350

This combination exfoliation & massage service begins with a warmed exfoliant of lemon, papaya, cherry blossom, and rice powder cream. A foot massage based on reflexology is next, followed by a relaxing body massage.

#### RESERVATIONS For reservations, please contact us by phone or email:

#### In-room: ext. 2220 | (904) 432-2220 aispa@omnihotels.com

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges. A 20% service charge is customarily added to each Spa service and shared amongst the Spa staff. However, this may be adjusted at your discretion. The Spa meditation area and locker rooms are reserved for guests ages 18 and over. All prices and services are subject to change.

### **GIFT CARDS**

Spa gift cards make an ideal year-round gift for any special occasion. These cards may be purchased for a specific dollar amount. Visit OmniAmeliaIsland.com to purchase.

### **RETAIL BOUTIQUE**

Continue your regimen at home. Spa & Salon products are available in our retail boutique. For mail orders, please call (904) 432-2220 or e-mail us at aispa@omnihotels.com.

### **SPA & SALON HOURS**

Hours of operation may vary seasonally and are subject to change without notice.

Tuesday–Sunday: 9 a.m.–5 p.m.

60 Amelia Village Circle | Amelia Island, FL 32034 (904) 432-2220 | omniameliaisland.com

License #MM35285



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# MASSAGE TREATMENTS

For ages 18 and older.

#### SWEDISH MASSAGE 50 min \$155 | 100 min \$310

Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, improving flexibility and relieving muscle pain & tension.

#### AROMATHERAPY MASSAGE 50 min \$165 | 100 min \$330

This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

#### CHILL CBD MASSAGE 50 MIN \$175 | 100 MIN \$350

This tension-dissolving treatment targets inflammation and pain using full spectrum CBD products and specialized techniques. By activating CB2 receptors, this service will reduce mental and physical stress, improve mood and promote restful sleep.

#### DEEP TISSUE SPORTS MASSAGE 50 min \$180

Focusing on the deepest layers of muscle tissue, tendons and fascia, this intense indulgence helps restore body alignment and range of motion. This massage is designed specifically for those experiencing chronic pain along with muscle and sports related musculoskeletal issues.

#### COUPLES MASSAGE 50 MIN \$375

Treat yourself and a companion to ultimate relaxation with a dual massage in the comfort of a private treatment room. Your experience continues as you both relax in our private couples relaxation room.

#### REFLEXOLOGY 50 min \$155

An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

#### PRENATAL MASSAGE 50 min \$155

This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain and improve circulation. *Must be past first trimester*.

## FACIALS

Includes cleansing, exfoliation, mask, toning and moisturizer. Ages 16 & older.

#### CUSTOM CLEANSING FACIAL 50 min \$155

Re-establish the natural beauty and health of your skin with pure ingredients and simple luxury. Customized to provide your complexion with the most benefits.

#### PURE RESULTS FACIAL 50 min \$175

Using only all natural ingredients, this custom, deep cleansing facial gives you both results and a relaxing sensorial experience. A gentle exfoliation is followed by a layering of vitamins, anti-inflammatory botanicals and antioxidants, leaving your skin protected and revitalized.

#### GENTLEMAN'S FACIAL 50 min \$155

This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

#### CBD FACIAL 50 min \$185

This relaxing treatment targets inflammation and premature aging while leveraging the intense calming effects of CBD products. Enjoy a customized conditioning treatment followed by a face, neck and shoulder massage with full spectrum CBD products to deliver pure calm. The specialized facial massage softens facial tension, hydrates and soothes the skin. Use of any intense prescribed exfoliation products should be discontinued two weeks prior to receiving this facial.

#### YOUTH RENEWAL FACIAL 100 min \$350

Restore your youthful glow with this very effective facial that combats the signs of aging. Saffron, sophora and peptides combine to restore the skin's youth while targeting wrinkles and slackened skin. Expert application methods, exfoliation, stimulation massage techniques and a double dermo filling mask leave the skin feeling fresh, plump and youthful. To round out the treatment, enjoy the benefit of warmth with a hot oil application for the hands and feet.

# MANICURES & PEDICURES

Includes buff or polish.

#### SOFT PALMS MANICURE 50 min \$55

This beautifying treatment includes the finest coconut exfoliation and moisturizing products. Cuticles and nails will be shaped and nourished. Choice of buffing or polish for a finished look.

#### WELL NAIL MANICURE 50 min \$65

Long-lasting, quick drying, non-toxic and non-yellowing, this naturally advanced, high-performance nail care system promotes healthy nails without sacrificing high performance.

#### PAMPERED SOLES PEDICURE 50 min \$70

Begin your pedicure with a warm foot soak. Cuticles will be shaped and nourished followed by a moisturizing foot and leg massage, concluding with buffing or polishing for a finished look.

#### PARADISE FEET PEDICURE 50 min \$75

Soothe and revitalize tired feet and legs. We start with a ritual cleansing, then your feet are moisturized while your legs are revitalized with a massage and masque. The perfect pedicure for men and women!

#### WELL NAIL PEDICURE 50 min \$85

Long-lasting, quick drying, non-toxic and non-yellowing, this naturally advanced, high-performance nail care system promotes healthy nails without sacrificing high performance.

